

Health and Mental Health Working Group

Meeting Minutes

September 14, 2020

10:00 am

Zoom

Agenda

- 1. Welcome and Introductions**
- 2. Discussion of Workplan**
- 3. New and Emerging Issues**
- 4. Set Dates for meetings for next Fiscal year**
- 5. Next Meeting**

1. Welcome and Introductions

Each member was welcomed by LIP staff, members were thanked for attending the meeting during this difficult time. Members that introduced themselves and gave small updates on their organizations

2. Discussion of Workplan

The workplan for the upcoming Fiscal year was presented and discussed by members and staff. LIP staff presented the key projects that were assigned from the needs assessment and focus groups that were held earlier in the year and the input from this group.

The assigned projects are the following, The Frontline Staff Support Network, Mental Health Training for LINC/ESL Teachers, Translation of more Mental Health Resources into High Need Languages, Re-Opening Protocols.

A breakdown of how they are going to approach each project was discussed and the plan will be as follows.

The Frontline Staff Support Network

- Create a support network for frontline staff
- Use either SettleNet.org or another resource (September 2020)
Places to out reach could include: Charity village, Contact point
- What platforms are people on and what do they prefer

- Can we look for cross platforms
- Outreach
 - lip mail outs
 - Partners outreach
 - Hospitals networks
 - Parks and Rec
 - Library
 - SWIS
 - OCASI
 - Toronto Neighbourhood Centres
 - Media (community Media)
- Create program based on needs both from survey and from frontline staff requests (October 2020)
 - PPE protocols
 - Newest info available
 - Preparations for second wave lockdown
 - Wellness committee within organization
- Hold meetings monthly to support staff in their return to work(ASAP)

Mental Health Training for LINC/ESL Teachers

- Develop guideline on what training teachers need and where are the boundaries are (September 2020)
 - What does it look like for our teachers in the covid 19 context?
 - Hospitals give mindfulness programs
 - Phone in check ins for teachers/surveys teachers
 - Tutela is a resource that is available
 - RECE Teachers (child minding)
 - OCASI Trauma Informed Care (CMHA)
 - Support Training from support
 - Address both personal support/as well as how to support students
 - Who have we not reached
- Develop an implementation process that will allow teachers to participate without taking time away from students (September 2020)
 - Zoom meetings/webx
 - Phone in check ins
 - Different formats of presentations as well as a variety of times and format to take all this in
 - Develop a survey for teachers
 - Survey teachers(through schools and organizations that offer programming)
 - Identify at least one workshop topic to see what the teachers need/use this as a pilot to see how we move forward
- Develop a syllabus (September 2020)
- Hold Trainings (October 2020-March 2021)

- Evaluation (March 2021)
- Translation of more Mental Health Resources into High need Languages
- Identify priority documents (Sept 2020)
 - MCIS Language solutions has resources to translate
 - Craig will link with this resource
 - How to get help for a mental health concern
 - Some resources exist (Ellen happy to share her library)
 - Crisis resources/what to do in an emergency (CCVT will add some resources)
 - Look for resources (Ongoing)
 - 519 has a good list of resources for the community
 - Advocate for gov't agencies to do resources in other languages (lobby day)
 - Develop volunteer translation/interpretation bank (Sept 2020)
 - Go to the translating schools for access to students
 - MCIS has a budget for probono translations
 - ACCESS Alliance
 - RIO Remote interpretation Ontario (Domine)
 - Work on best practices for interpretation/translation and cultural competency (October 2020)
 - Look for funding solutions (ongoing)
 - Lobby

Re-opening Protocols

- Work with Systemic Issues working group on results from surveys
- Reach out to agencies to share their re-opening Protocols (ASAP)
- Look into the mental health supports agencies will need (ASAP)
- Help maintain a mental health lens on all reopening procedures (ongoing)

3. New and Emerging Issues

Due to lack of time we were not able to discuss new and emerging issues, but members would be sending in any concerns they may have to discuss at the next meeting.

4. Set Dates for Next Fiscal Year

Second Monday of Every Month

5. Next Meeting

Doodle poll to be held for meeting due to Thanksgiving.