

Health and Mental Health Working Group

Meeting Minutes

March 8th 2021

10:00 am

Zoom

Agenda

1. Welcome and Introductions
2. Land Acknowledgement
3. Front Line Staff Support Network
4. Mental Health Training for Language Teachers
5. Translation of more Mental Health Resources into high need languages
6. Emerging Issues
7. Next Meeting

1. Welcome and Introductions

Each member was welcomed by LIP staff, members were thanked for attending the meeting during this difficult time. Members that introduced themselves and gave small updates on their organizations

2. Land Acknowledgement

TSLIP Staff read Land Acknowledgement

3. Front Line staff support network

The members were updated on the current activities of the network. The Networks next Meeting on March 23rd, 2021. As the group had asked for more of a sharing circle we will be allocation a full hour to this. At the beginning of the meeting Mental Health Resources will be shared. This resources are free resources for front line staff to help them deal with their own persona mental health, registration has been steady. Issues that they want to talk about are about workplace situations and things they can expect to change in the future.

4. Mental Health Training for Language teachers

Have a resource to create an event for Language Teachers. It is CISEPO they are currently reviewing our needs assessment survey as well as all our work on this and are creating the

curriculum. The goal is still to host the event by the end of the Fiscal year but this will depend on how development of the curriculum goes. We are still looking to see when event will be held as members suggested afternoon may have more attendance.

5. Translations of more Mental Health Resources into high need languages

TSLIP staff continue to use community and newcomer cluster to advocate for more resources translated to multiple languages. Out of the conversations with the city it has come to our attention that we need to have resources in non traditional means to as not create more barriers to information as we have always assumed that all newcomer read in their mother tongue and that all dialects of the same language translate the same. There is work being done at the city as well as with the group of Language advocacy day to create audio resources in different languages to reach more people. This will bring light to get information to all newcomer regardless of any literacy issues they may face.

6. Emerging issues update given by staff

What issues are partners seeing?

- Variants and communications
 - Members continue to have questions about how these new variants are being explained to newcomers and how give more information. Vaccine roll out continues to be on the forefront concern as newcomer are not accessing the vaccines at the same rate as the rest of the population.